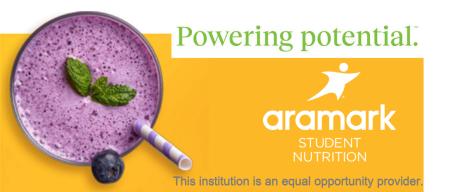


All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns Special Dietary Needs Please email gloria.estrada@irvingtonschools.org



## Irvington High School and Middle School Menu



## **Daily Offerings**

## **Available every day!**

- \*<u>ACTION STATION</u>- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- \*Grab n Go STATION- Burgers & Chicken Sandwiches on a Bun
- \*SMOOTHIE STATION- Yogurt blended with fruit and granola
- \*ACAI BAR- Acai berry with choice of various toppings
- \*<u>DELI STATION</u> Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- \*<u>DAILY VEGETABLES & FRUITS</u> -Carrot Sticks, Celery Sticks,

Apples, Oranges and Bananas offered daily

- \*GOURMET PIZZA STATION-Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli
- \*INTERNATIONAL PROJECT STATION— Week1. Taco Bar. Week 2.

Quesadilla Bar . Week3. Taco Bar . Week4. Quesadilla Bar

- \* SALADS Grilled chicken Caesar salad
- \* SOUP- Chicken Noddle (M,W,F) Tomato Soup (T), Vegan Lentil (Th)